

## Amyloid Visit Information & Instructions:

**Meeting Location:** Citigroup Biomedical Imaging Center of Weill Cornell at [516 East 72nd Street](#)

**Summary:** During this third and final session, we will begin with a two-hour long cognitive exam followed by a PET scan with Neuraceq (Amyloid) radiotracer.

### Preparing for Your Appointment

- The hospital/imaging center will send a check-in email, along with other reminders. **Please review and complete the check-in request.** This is part of the imaging center's check-in procedure.

### Day of Your Appointment

**Meeting Location: Citi Biomedical Imaging Center at 516 East 72nd St at 10 AM**

- The Cognitive Assessment portion of the visit will take place before the PET Scan.
  - Fasting is therefore, **NOT** required for this visit. Please have a light meal before your appointment. Drinking water 1-2 hours before the scan is encouraged.
- You should take all medications prescribed by your physician the day of the scan.
- Dress comfortably in layers to stay warm as scanner rooms are cold. Please avoid piercing, jewelry, large buttons, and other metal objects on your clothing. Generally, you will not have to change out of your clothes for the procedure

Upon arrival to our center:

- A Research coordinator will meet you in the lobby of **Citi Biomedical Imaging Center at 516 East 72nd**
  - Together, you will go to the location where the cognitive assessment will take place

What to expect during the Cognitive Assessment portion of the Visit

- This part of this exam will be a combination of both electronic cognitive exams using zoom and cognitive applications.
  - The Research coordinator administrating the exam will explain each portion of the exam and instructions.
- There are several parts of the exam, many of which must be done together, but you will be given several 10 min breaks throughout the exam.

What to expect During PET/CT Procedure:

- A Urine pregnancy test will be done for females 20-40 years old
- Our staff will interview you to discuss your medical history. An IV line will be inserted in your arm. Then, a technologist will give you a very small dose of a radioactive Neuraceq via an IV.

- The PET scanner is the same as the CT scanner, it is quite and not painful. The first portion will require you to rest 75 mins.
  - During this rest period, we will conduct some cognitive tests via zoom and allow you to have some rest before the scan.
- The scan portion of the visit will last approximately 20 mins.

#### **What to Expect After the Procedure**

- You should feel fine, there are no post-exam instructions.
- Limit close contact with **infants or pregnant women** for 12 hours after your scan.
- Drink enough water to help remove the tracer out of your body.
- You will have about 0.5 hour break between the cognitive task and the scan and snack and drink will be provided at your request.